

BUSINESS SPOTLIGHT

Vortex Sensory Rehabilitation



By *Jessy McCulloch*
Photos by *Christine Gray*



Dale Moore treats patient Barbara Anderson.

“When you’re dealing with someone who loves to read, loves to socialize and suddenly is homebound because they can’t remember how to get to their friend’s house or they can’t read because they can’t comprehend the words on the page, this literally gives them their life back,” Yvonne Moore, co-founder of Vortex Sensory Rehabilitation Center said, referring to Individualized Sensory program.

While Sensory Therapy has been around for some 40 years, the combined therapy called Individualized Sensory program has been available for only about ten years. In such a short time it is already amazing people with its ability to changes lives.

The Individual Sensory Program combines auditory, visual and vestibular (motion) therapies and gives them to the patient at the same time. This stimulates the reticular activating system and unlocks the brain so that it begins to process information more appropriately.

“We don’t eliminate other therapies, because people may still need to go back to [them],” Moore said, “but what happens is that typically, after they’ve done the Individual Sensory Program, their other therapies take off like rockets.”



The Visagraph is part of baseline testing done prior to beginning the program.

Take Barbara Anderson. When her sweetheart of 22 years passed away in 1991, she was put on anti-depressants. After having a stroke in 2003, her troubles only got worse. Her balance was off, and her left foot tended to drag. Constant headaches, mood swings, narcolepsy, memory loss and overall constant pain from Fibromyalgia were just some of her ailments. Taking eight to 14 different medications at a time, these symptoms, among others, eventually forced her into an early retirement.

Then she found Vortex.

Dale Moore, an occupational therapist, and his wife Yvonne, a registered nurse and licensed professional counselor, founded Vortex Sensory Rehabilitation Center in July 2006. A multisensory program had helped their grandson, who is on the autistic spectrum.

The Individual Sensory Program in their office spans 12 days. The patient then takes home a therapy light and continues the therapy for another 18 days. Changes are typically seen in the first 12 days, but can continue for up to nine months.

“We do not perform the therapy any more frequently than once a year, because we want to make sure that they still need it,” Moore said.

After limited success with a lot of rehabilitation prior to finding Vortex, Anderson noticed improvement during only the second week of treatment with the Individualized Sensory Program. After completing the 30-day program, her progress has been astounding. Down to only three medications, she has no more depression or headaches, and her chronic pain has decreased from 10+ to 1-2 on a scale of 10. Her balance has improved, and her left foot rarely misbehaves.



Anderson recently completed a one-mile walk with AARP, and has even signed up for volunteer work to put all of the energy she now has to good use.

Vortex is located at 4355 E. University, Ste. 108 in Mesa. To find out more, call 480-218-1949 or visit www.vortexsrc.com, where you can read Anderson’s story and other testimonials.

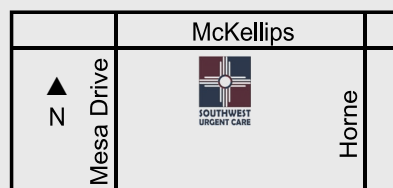
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